JUGENDWOHNNETZ

<u>JUW0</u>

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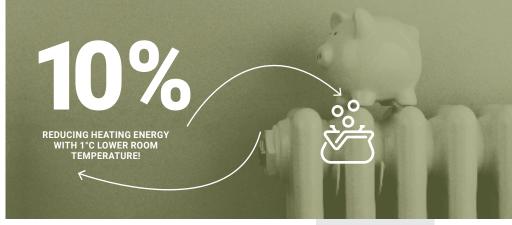
JUWO FACTSHEET: SAVING ENERGY

JOIN US IN SAVING ENERGY: THE ENVIRONMENT WILL BE HAPPY!

THE MOST ECOLOGICAL AND CHEAPEST ENERGY IS THE ENERGY YOU SAVE. IT IS CLEAR: YOU ARE NOT SOLELY RESPONSIBLE FOR CLIMATE CHANGE AND THE EXCESSIVE CONSUMPTION OF RESOURCES. WE ALL SHARE THE RESPONSIBILITY AND YOU CAN CONTRIBUTE TO A CLEANER FUTURE WITH A CONSCIOUS AND VISIONARY ATTITUDE.

THE FARTH - OUR HOME

The JUWO does not know the solution to our environmental problems and our excessive consumption of energy. However, we are very aware that we cannot simply bury our heads in the ground. We are all challenged to ensure that our beautiful earth continues to be our home.



LIGHTS OUT - THAT'S SMART

When you go out of the apartment, make sure all lights and other appliances are switched off. Turn off all electrical appliances when you don't need them - this is easy thanks to a power strip with a switch.

RECYCLING

Separate waste properly. The app "Sauberes Zürich" will help you with this. Try to give your unused items new life by repairing or repurposing them.

OPTIMAL LIVING CLIMATE

In winter, the heating system should not produce more than 20°C for a **healthy room temperature**. This is because a 1°C lower room temperature reduces the heating energy by about 10%.

Our tip: When it is cold outside, wear warm clothes inside the house. Do not let fresh air into the apartment through tilted windows, as too much energy is lost with this method.

Open the windows completely two times a day for about 5 - 10 minutes.



Leave enough space for your radiator – furniture or objects that are in close proximity prevent the circulation of warm air.

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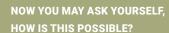
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HERE IS THE REASON: The utility costs are periodically recalculated on the basis of the follow our energy saving tips, logically less keep the money we save for ourselves, rather it

Ausbildung dank Wohnraum Jugendwohnnetz JUWO



in times of resource shortage, efficient energy wing our tips.

If you follow our energy-saving tips on a daily basis, you'll help the environment. And secondly, you'll lower your general utility costs or prevent them from rising, which will benefit your wallet in the long run.

SAVING WATER IN THE BATHROOM

Take a shower instead of a bath. Showering uses 3 × less energy and a lot less water. Shower short and crisp to increase the effect.

Remember: when soaping up in the shower



OF ENERGY SAVED WHEN COOKING WITH A LID.

SAVING ENERGY IN THE KITCHEN

Cooking together seasonally and regionally is fun, versatile and shortens transport routes. Cooking with a lid saves even more energy. After eating, put leftovers in the refrigerator when cooled down so it doesn't have to actively chill the food.

CLEAN LAUNDRY

Make sure you always wash full machines and for lightly soiled laundry with 30°C. After washing, hang your clothes to save energy from the tumble dryer. Also air worn clothes so that you can wear them a second time.

> ALSO ECONOMY PROGRAMS WASH CLEAN AND USE LESS THAN HALF THE ENERGY.



SHOWERING.